



## WALKING FOR PLEASURE

# WALKS PROGRAMME

**JULY - SEPTEMBER 2019**

[www.eastsurreywalkers.org.uk](http://www.eastsurreywalkers.org.uk)

### Notes about the Walks:

- Arrive at least 15 minutes before the stated time - walks start promptly.
- Call the leader if you would like more information about the walk or meeting place, or, in case of severe weather, phone before 8am to check arrangements
- For other than half day walks and linear walks (unless otherwise stated) please bring a **picnic lunch** to eat in the open air.
- Everyone participating in Ramblers walks and other activities does so at their own risk.
- **Dogs**, under control, are welcome on our walks at the leader's discretion, except where noted.
- Please make sure that you are fit enough to undertake the walk you intend to join. If you're unsure of your fitness level, try a short walk first: it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.
- Most walks are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink, even if the walk includes a pub or café break. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk Leader in advance.
- For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk Leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

### MEETING POINTS

When on-line you can click the link after the OS Grid Reference (GR) - e.g. [TQ426349](#) - to view a map of the start location.

**Post Codes:** Following member requests, we are now including the *nearest* Post Code along with the Grid Reference of the car park for the start of each walk. However, it should be noted that this will be the Post Code of the nearest building to the car park, and therefore may not be as accurate as the Grid Reference for country car parks.

Our walks are shown with a coloured background indicating the Grade of the walk, which in most cases will correlate to the type of walk as described below. You can find descriptions of what each Grade means on our website [here](#).

Key to Grades			
WHITE	LEISURELY	Short Walks	L
GREEN	MODERATE	Long Walks	M
BLUE	EASY	Ambles	E
ROSE	STRENUOUS	Fitness Walks	S



Ramblers' Charity England & Wales No. 1093577 Scotland No. SC093799

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.


Book a great value holiday:  
**ramblersholidays.co.uk**  
or call **01707 386804**



Walking holiday partner



Date/Time	Leader/Contact	Details	Distance
Tuesday 02-Jul 10am	<b>Adam W</b> 01342 832911	<b>Dormansland, Surrey</b> MORNING AMBLE: Park in Ford Manor Road next to The Plough pub. A gentle amble round some of the picturesque footpaths that surround the village. OS Maps 146 and 147 GridRef: <b>TQ408428</b> PostCode: RH7 6PR	3 miles (4.8km) EASY
Tuesday 02-Jul 10am	<b>Angela B</b> 01883 742926 07568 762926	<b>Godstone, Surrey</b> Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Map 146 GridRef: <b>TQ342516</b> PostCode: RH9 8FD	3.5 miles (5.6km) STRENUOUS
Wednesday 03-Jul 10am	<b>John Lo</b> 01883 346048 07976 237879	<b>Chipstead, Surrey</b> Meet in The Meads CP behind the Bowling Club. Ramble in North Downs crossing Chipstead estates. Moderate hills. Optional lunch at Well House Inn Mugswell. OS Map 146 GridRef: <b>TQ278568</b> PostCode: CR5 3SB	6 miles (9.7km) LEISURELY
Friday 05-Jul 4pm	<b>Lena A</b> 020 8642 7772 07785 755198	<b>Edenbridge, Kent</b> Meet at Swan Lane near The Swan pub. Lovely country and woodland walk with the opportunity for liquid refreshments at the end at The Swan, tables inside or out (the pub does not serve food in the evenings). If possible travel by train or car share, on this "Green Awareness" walk, though all walkers are most welcome. Any dogs on leads please. OS Map 147 GridRef: <b>TQ440477</b> PostCode: TN8 6HW	4 miles (6.4km) LEISURELY
Sunday 07-Jul 10am	<b>Jeff M</b> 01883 743269 07941 102179	<b>Bletchingley, Surrey</b> Walk around South Park, taking in Cuckseys and South Park house. Park in the car park in Rabies Heath Road, towards the Godstone end. Mainly a fairly flat walk but with one hill either at the start or end! OS Map 146 GridRef: <b>TQ350501</b> PostCode: RH9 8NP	6.5 miles (10.5km) LEISURELY

Date/Time	Leader/Contact	Details	Distance
Monday 08-Jul 10am	<b>Jim B</b> 01732 866787 07795 447758	<b>Edenbridge, Kent</b> MORNING AMBLE: Park in Edenbridge Rugby Club CP in Coomb Field. Walking to the south of Edenbridge. This is a flat walk but with 7 kissing gates and 3 stiles. OS Map 147 GridRef: <b>TQ440458</b> PostCode: TN8 5HZ	3.5 miles (5.6km) EASY
Tuesday 09-Jul 10am	<b>Moir S</b> 01883 349129 07804 440159	<b>Coulston, Surrey</b> Fast Fitness Workout Walk. Meet in public CP at the end of Fox Lane. Circular walk through Happy Valley and Farthing Downs. A couple of inclines. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Map 146 GridRef: <b>TQ317567</b> PostCode: CR3 5QU	3.5 miles (5.6km) STRENUOUS
Wednesday 10-Jul 10am	<b>John H</b> 01883 713728 07429 634725	<b>Limpsfield, Surrey</b> Meet at Limpsfield Church. Walk up via Pitchfont Farm to North Downs Way, Moorhouse and Grub Street. OS Maps 146 and 147 GridRef: <b>TQ405532</b> PostCode: RH8 0TY	6.5 miles (10.5km) LEISURELY
Thursday 11-Jul 10am	<b>Nick W and Helen W</b> 01883 722194 07905 511563	<b>Lullingstone, Kent</b> Park in Lullingstone Country Park CP (£1.50). Circular walk exploring the River Darent valley and adjacent downland. Followed at 2 pm, for those who have booked (£7.50), by a guided visit to the Hop Shop lavender fields. Lunch will be a picnic but refreshments will be available at the Hop Shop and Lullingstone Park. To put your name down and get details of booking please email Nick at <a href="mailto:nickwithers@madasafish.com">nickwithers@madasafish.com</a> . OS Map 147 GridRef: <b>TQ527638</b> PostCode: DA4 0JF Bring a picnic	6 miles (9.7km) LEISURELY 

Date/Time	Leader/Contact	Details	Distance
Friday 12-Jul 10am	<b>Judy B</b> 07801 755317	<b>Tatsfield, Surrey</b> Meet on the Green in Tatsfield. Crossing over Park Wood Golf Course, then good climb up Betsom's Hill. Return to Tatsfield via Tatsfield Green. Optional pub lunch at the Ship Inn afterwards. GridRef: <b>TQ412568</b> PostCode: TN16 2AG	4 miles (6.4km) LEISURELY
Saturday 13-Jul 10am	<b>Robert C</b> 01737 778337 07967 002126	<b>Earlswood, Surrey</b> Park in Earlswood Lakes CP for pleasant walk via Sidlow Bridge, Petridgewood Common and Earlswood Common. Fairly level. OS Map 146 GridRef: <b>TQ267483</b> PostCode: RH2 7QB	6 miles (9.7km) LEISURELY
Sunday 14-Jul 10am	<b>Adam W</b> 01342 832911	<b>East Grinstead, West Sussex</b> CP in Church Lane off High Street, opposite Chequer Meade Theatre. By Steam and Foot. Walk to station, then take 10:30 Bluebell Line steam train to Horsted Keynes (£9). Visit Carriage and Wagon Workshop, then walk back via Weir Wood reservoir. Great trackside photo opportunities. OS Map 135 GridRef: <b>TQ397381</b> PostCode: RH19 3LY Bring a picnic	8.5 miles (13.7km) MODERATE 
Tuesday 16-Jul 10am	<b>Toni P</b> 01883 716980 07761 235156	<b>Limpsfield Chart, Surrey</b> MORNING AMBLE: Park near Carpenters Arms. Easy stroll around Limpsfield Chart. Optional refreshments at the Carpenters Arms. GridRef: <b>TQ425518</b> PostCode: RH8 0TG	3 miles (4.8km) EASY
Tuesday 16-Jul 10am	<b>Alice B</b> 07905 416280	<b>Woldingham, Surrey</b> Fast Fitness Workout Walk. Park in Marden Park (Gangers Hill) CP. One circuit of 3.5 miles from Marden Woods passing Woldingham School, returning up Church Road via a long challenging hill. Will take about 1 hour fast walking. Approx 3.5 mph. OS Map 146 GridRef: <b>TQ373541</b> PostCode: CR3 7AD	3.5 miles (5.6km) STRENUOUS

Date/Time	Leader/Contact	Details	Distance
Wednesday 17-Jul 10am	<b>Fay and Ron R</b> 01732 300922 07941 221032	<b>Penshurst, Kent</b> Park in layby on Penshurst Road, opposite Penshurst Place (B2176). A pretty walk passing lots of sheep so dogs on leads please. Passing Salman's Farm, Harden Vineyard and Old Swaylands. Dogs on leads only. Optional lunch at The Spotted Dog. OS Map 147 GridRef: <b>TQ525438</b> PostCode: TN11 8DB	6 miles (9.7km) LEISURELY
Thursday 18-Jul 10am	<b>Jeff B</b> 01342 893260 07711 884313	<b>Bletchingley, Surrey</b> Bletchingley Arms CP. Greensand Country Path. A few steady climbs and descents but an easy walk with optional pub lunch afterwards. OS Map 146 GridRef: <b>TQ329507</b> PostCode: RH1 4LF	4 miles (6.4km) LEISURELY
Friday 19-Jul 6pm	<b>Tony P</b> 01883 716980 07899 910320	<b>Crockham Hill, Kent</b> Meet at Crockham Hill Village CP (park in top CP). Walking to Brills Farm, Puddledock and return via Froghole. OS Map 147 GridRef: <b>TQ443506</b> PostCode: TN8 6RP	5 miles (8km) LEISURELY
Saturday 20-Jul 10am	<b>John N</b> 01883 717800 07885 065950	<b>Balcombe, East Sussex</b> Park and meet in layby on B2036 near Crawley Lane. Walk by Ardingly Reservoir, under Balcome Viaduct, at a leisurely pace. OS Map 135 GridRef: <b>TQ307312</b> PostCode: RH17 6PY Bring a picnic	10 miles (16.1km) MODERATE 
Sunday 21-Jul 10am	<b>Helen W and Mike H</b> 01883 712303 or 01883 715475 07884 156102 or 07717 399744	<b>Oxted Surrey</b> Meet at Ellice Road car park Oxted. Free parking. Walk the Titsey and North Downs Trail. One steep ascent up the Downs. Optional lunch at the Thai Pad Oxted. 2 courses starter and main £12.95. To book a space contact Mike at <a href="mailto:mike.holman@btinternet.com">mike.holman@btinternet.com</a> . OS Map 146 GridRef: <b>TQ395529</b> PostCode: RH8 0PW	5 miles (8km) LEISURELY

Date/Time	Leader/Contact	Details	Distance
Monday 22-Jul 10am	<b>Anne S</b> 01883 715781 07561 465344	<b>Old Oxted, Surrey</b> MORNING AMBLE: Park at end of Old Godstone Road, past Bushey Croft. Pleasant walk to Tandridge Church over the Golf Course, then to Broadham Green (short stop here for formal opening of gate installed in memory of Alan Wales) and Oxted Mill. Optional drink/snack afterwards at The Haycutter. OS Map 146 GridRef: <b>TQ382521</b> PostCode: RH8 9JX	3 miles (4.8km) EASY
Tuesday 23-Jul 10am	<b>Tony P and Helen W</b> 01883 716980 07899 910320	<b>Limpsfield Chart, Surrey</b> Fast Fitness Workout Walk. Park near Carpenters Arms. Walk circuit of the High Chart. Will take around 1 hour, fast walking. Approx 3.5 mph. GridRef: <b>TQ425518</b> PostCode: RH8 0TG	3.5 miles (5.6km) STRENUOUS
Wednesday 24-Jul 10am	<b>John Lo</b> 01883 346048 07976 237879	<b>Chaldon, Surrey</b> Chaldon and the North Downs starting at The Harrow pub Caterham. OS Map 146 GridRef: <b>TQ326538</b> PostCode: CR3 6AJ	6 miles (9.7km) LEISURELY
Thursday 25-Jul 10am	<b>Jim B</b> 01732 866787 07795 447758	<b>Edenbridge, Kent</b> Moderate walk at a good pace. Meet in Edenbridge Rugby Football Club car park, Coomb Field. 5 stiles, slight gradient. OS Map 147 GridRef: <b>TQ440458</b> PostCode: TN8 5HZ	6 miles (9.7km) MODERATE
Saturday 27-Jul 10am	<b>Andrew and Edwina C</b> 01883 622965 07715 375398 or 07961 736486	<b>Westerham, Kent</b> Meet in car park at Hosey Hill (half a mile south of Westerham). Walk via French Street, Chartwell, Kent Hatch and Squerryes Park. 1 or 2 stiles. Optional refreshment after at the Grasshopper on the Green Inn Westerham. OS Map 147 GridRef: <b>TQ452531</b> PostCode: TN16 1PL	5 miles (8km) LEISURELY
Saturday 27-Jul 2pm	<b>Sue H</b> 01883 743807 07877 663006	<b>Woldingham, Surrey</b> AFTERNOON AMBLE: Park and meet at Woldingham Station or in Church Road. Walk over and pass through complex of Woldingham School. Apart from one steady long incline, all flat with no stiles. Optional refreshments at Knights Garden Centre. OS Map 146 GridRef: <b>TQ359563</b> PostCode: CR3 7LQ	3 miles (4.8km) EASY

Date/Time	Leader/Contact	Details	Distance
Sunday 28-Jul 10am	<b>Angie and Doug H</b> 01883 715361 07951 086402	<b>Alfriston, East Sussex</b> High and Over CP (on road to Seaford). Walk via Cradle Hill, Jerry's Bottom, Bostal Hill, Alfriston, Wilmington Long Man, Litlington and the Litlington White Horse. Undulating walk with a steep hill at the end. OS Map OL25 GridRef: <b>TQ509011</b> PostCode: BN25 3AB Bring a picnic	10.5 miles (16.9km) MODERATE 
Tuesday 30-Jul 10am	<b>Sue C</b> 01883 622703 07914 796555	<b>Riddlesdown, Surrey</b> Fast Fitness Workout Walk. Park in Riddlesdown Common CP, Riddlesdown Road. Walk around Riddlesdown. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Maps 146, 161 GridRef: <b>TQ325605</b> PostCode: CR8 1EE	3.5 miles (5.6km) STRENUOUS
Wednesday 31-Jul 10am	<b>Mark F and Fran E</b> 01883 371228 07936 015535	<b>Cudham Kent</b> Park in the sports field car park next to the Blacksmiths Arms, Cudham. Two steep inclines (will catch a breather!) and a short road section. OS Map 147 GridRef: <b>TQ446596</b> PostCode: TN14 7QB	5.5 miles (8.9km) LEISURELY
Wednesday 31-Jul 10am	<b>Kevin W</b> 01737 822995 07966 546642	<b>Outwood, Surrey</b> Park in NT CP (free) opposite the Windmill. 'Further, Faster' brisk circular walk via South Park, Lower South Park, Hangdog Wood and Hornecourt Wood. Approx 9 miles of relatively level terrain. Expect to complete comfortably within 3 hours. OS Map 146 GridRef: <b>TQ327456</b> PostCode: RH1 5PW	9 miles (14.5km) STRENUOUS
Thursday 01-Aug 10am	<b>Jim B</b> 01732 866787 07795 447758	<b>Edenbridge, Kent</b> Moderate walk at a brisk pace. Meet in Edenbridge Rugby Football Club car park, Coomb Field. 5 stiles, slight gradient. OS Map 147 GridRef: <b>TQ440458</b> PostCode: TN8 5HZ	6 miles (9.7km) MODERATE
Friday 02-Aug 10am	<b>Linda R</b> 01883 712184 07703 114399	<b>Limpsfield, Surrey</b> MORNING AMBLE: Meet at CP opposite Golf Clubhouse, just off A25. Easy stroll through Limpsfield Chart woodlands; optional drink/lunch afterwards. OS Map 146 GridRef: <b>TQ411527</b> PostCode: RH8 0SL	3 miles (4.8km) EASY


Date/Time	Leader/Contact	Details	Distance
Saturday 03-Aug 10am	<b>Julia D and Sue H</b> 01293 782066 or 01883 743807 07532 177036 or 07877 663006	<b>Seaford, East Sussex</b> Park at South Hill Barn CP Follow the Cuckmere River walk through Friston Forest and pretty Littlington village. Varied walk with great views. Swim and refreshments in Seaford after walk (optional) so bring cossies; great end to a good day!!! OS Map 123 GridRef: <b>TQ503981</b> PostCode: RM4 1EE Bring a picnic	11 miles (17.7km) MODERATE 
Sunday 04-Aug 10am	<b>David S</b> 01883 819011 07513 944561	<b>Chipstead, Surrey</b> Shabden and Upper Gatton Parks. Meet at Chipstead Recreation Ground CP, near White Hart Pub next to Bowling Green. A historic trail through country estates and picturesque rural downland parishes with part on Millenium Trail. 12+ stiles and 1 gentle slope. Several good views. OS Map 146 GridRef: <b>TQ277568</b> PostCode: CR5 3NS	6 miles (9.7km) LEISURELY
Tuesday 06-Aug 10am	<b>Graham W</b> 01342 833453 07787 567227	<b>Oxted, Surrey</b> Fast Fitness Workout Walk. Park in Park Road (Oxted School end), Titsey yellow trail, one steep hill. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Maps 146 and 147 GridRef: <b>TQ397533</b> PostCode: RH8 0AQ	3.5 miles (5.6km) STRENUOUS
Wednesday 07-Aug 10am	<b>Helen M</b> 020 8660 0511 07940 508443	<b>Nutfield Marsh, Surrey</b> Park in the far corner of the CP of The Inn on the Pond, Nutfield Road for those staying to lunch or on the road outside or in Mercers Lake CP for those not lunching. Meet outside the pub for this walk around Nutfield Marsh, Pendell Court, Brewer Street and Castle Hill. A few gentle slopes and a few stiles. OS Map 146 GridRef: <b>TQ302517</b> PostCode: RH1 4EU	6 miles (9.7km) LEISURELY
Thursday 08-Aug 5pm	<b>Keith T</b> 01883 346736 07716 350110	<b>Downe, Kent</b> Meet outside The Queens Head pub in the centre of Downe. This is a leisurely circular walk of about 4 miles, with 330ft of ascent, mostly on footpaths, but a small section of road, including passing by Downe House, the former home of Charles Darwin. There will be the option of a meal or drinks at the pub following the walk. GridRef: <b>TQ432617</b> PostCode: BR6 7JW	4 miles (6.4km) LEISURELY



Date/Time	Leader/Contact	Details	Distance
Friday 09-Aug 10am	<b>Robert C</b> 01737 778337 07967 002126	<b>Nutfield Marsh, Surrey</b> MORNING AMBLE: Meet CP at Aqua Sports Centre, Mercers Country Park. Park at the end of the track close to the Centre facilities (car park on the left of the track is now closed). Walk around Mercers Lake and The Moors Nature Reserve. No stiles. Optional refreshments afterwards. OS Map 146NB: the start point of this walk is liable to change. Please check near the date either on the ESW website or contact the leader. GridRef: <b>TQ300517</b> PostCode: RH1 4EU	3 miles (4.8km) EASY
Saturday 10-Aug 10am	<b>Arthur D</b> 01883 713207 07786 311095	<b>Ashdown Forest, East Sussex</b> Meet at Bushy Willows CP on west side of B2026 just before junction with B2188. Undulating walk to Nutley Windmill and Duddleswell. Fine views to South Downs and heather should be in flower. OS Map 135 GridRef: <b>TQ472303</b> PostCode: TN22 3JD	6.5 miles (10.5km) LEISURELY
Sunday 11-Aug 10am	<b>John Le</b> 01732 750609 07736 303431	<b>Berwick, East Sussex</b> Park in Berwick Station CP (£2). Walk through Alciston, Charleston Farm, Firle and Glynde to Lewes Station; train back to Berwick. OS Maps 122 and 123 GridRef: <b>TQ527068</b> PostCode: BN26 6TA Bring a picnic	10 miles (16.1km) MODERATE 
Monday 12-Aug 10am	<b>Noel and Pamela C</b> 01883 622594 07836 244224	<b>Warlingham, Surrey</b> MORNING AMBLE: Park in Church Road as near All Saints' Church as possible. Easy stroll with slight inclines and no stiles. OS Maps 146 and 161 GridRef: <b>TQ355587</b> PostCode: CR6 9NU	3 miles (4.8km) EASY
Tuesday 13-Aug 10am	<b>Angela B</b> 01883 742926 07568 762926	<b>Godstone, Surrey</b> Fast Fitness Workout Walk. Park in North Park Lane (towards the Orpheus Centre) but just off the A25 before where the quarry lorries cross the road. Undulating walk. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Map 146 GridRef: <b>TQ342516</b> PostCode: RH9 8FD	3.5 miles (5.6km) STRENUOUS
Wednesday 14-Aug 10am	<b>Pat H</b> 01883 717085 07951 080291	<b>Limpsfield, Surrey</b> A walk through six farms from The Carpenter's Arms, Limpsfield Chart. Park on road near Carpenter's Arms. OS Map 147 GridRef: <b>TQ425518</b> PostCode: RH8 0TG	6 miles (9.7km) LEISURELY

Date/Time	Leader/Contact	Details	Distance
Thursday 15-Aug 10am	<b>Sue H</b> 01883 743807 07877 663006	<b>Godstone, Surrey</b> Park in the village and meet in the CP on Godstone Green (CP only allows 3 hours) for a walk over to Reigate Hill for lunch (at the cafe or bring a picnic) and walk back. Two steep ascents at the beginning and end of the walk. OS Map 146 GridRef: <b>TQ350515</b> PostCode: RH9 8DU	15 miles (24.1km) MODERATE
Friday 16-Aug 10am	<b>Andrew and Edwina C</b> 01883 622965 07715 375398 or 07961 736486	<b>Chelsham, Surrey</b> Meet at pedestrian entrance to Knights Garden Centre for an undulating walk skirting Woldingham and through Lumberdine Wood. Good views to London on a clear day. A few stiles and a couple of short stretches walking on the road. Optional refreshments in Knights after walk. OS Map 146 GridRef: <b>TQ368581</b> PostCode: CR6 9DZ	6 miles (9.7km) LEISURELY
Saturday 17-Aug 10am	<b>John B</b> 01293 515158 07949 413430	<b>West Chiltington, West Sussex</b> CP at the junction of Monkmead Lane and Nyetimber Lane. Walk to the RSPB visitor centre at Pulborough Brooks (coffee and toilets) then along the banks of the River Arun into Pulborough with lunch at the church, then head for the Roman Villa into Gay Street then Cattlestone Farm. OS Map OL10 GridRef: <b>TQ079168</b> PostCode: RH20 2PG Bring a picnic	12 miles (19.3km) MODERATE 
Saturday 17-Aug 2pm	<b>Sue H</b> 01883 743807 07877 663006	<b>Godstone, Surrey</b> AFTERNOON AMBLE: Park and meet at Godstone Green. Pleasant walk past the Church, Leigh Place and Godstone Farm. Flat walk with no stiles. Choice of places in village for refreshments after walk (optional). OS Map 146 GridRef: <b>TQ350515</b> PostCode: RH9 8DU	3 miles (4.8km) EASY
Sunday 18-Aug 10am	<b>Adam W</b> 01342 832911	<b>Newchapel, Surrey</b> SHORT WALK BEFORE BBQ: Meet at 2 Hawthorne Cottage, Hare Lane (West off A22 south of Blindley Heath). OS Map 146 GridRef: <b>TQ355437</b> PostCode: RH7 6JA	5.5 miles (8.9km) LEISURELY

Date/Time	Leader/Contact	Details	Distance
Tuesday 20-Aug 10am	<b>Alice B</b> 07905 416280	<b>Woldingham, Surrey</b> Fast Fitness Workout Walk. Park in Marden Park (Gangers Hill) CP. One circuit of 3.5 miles from Marden Woods passing Woldingham School, returning up Church Road via a long challenging hill. Will take about 1 hour fast walking. Approx 3.5 mph. OS Map 146 GridRef: <b>TQ373541</b> PostCode: CR3 7AD	3.5 miles (5.6km) STRENUOUS
Wednesday 21-Aug 10am	<b>Bob Y and Mike W</b> 020 8852 3821 or 01883 624643 07758 565880 or 07954 739989	<b>Goathurst Common, Kent</b> Meet in car park at the top of Yorks Hill. Undulating walk to Weald Village. OS Map 147 GridRef: <b>TQ496518</b> PostCode: TN14 6JA	5.5 miles (8.9km) LEISURELY
Thursday 22-Aug 10am	<b>Nigel P</b> 01883 623181 07951 701692	<b>Chelsham, Surrey</b> MORNING AMBLE: Park in Knights Garden Centre (as near road entrance as possible). Meet near pedestrian access. Chelsham Place, Greatpark, Holt Wood and Henley Wood. One stile.Optional coffee in Garden Centre cafe. OS Map 146 GridRef: <b>TQ368581</b> PostCode: CR6 9DZ	3 miles (4.8km) EASY
Thursday 22-Aug 10am	<b>Jim B</b> 01732 866787 07795 447758	<b>Edenbridge, Kent</b> Meet in Edenbridge Rugby Club car park, Coomb Field. Moderate walk at a good pace around outskirts of Edenbridge; fields, two rail crossings, seven stiles. Brief stop for a snack; finish around 1:30. OS Map 147 GridRef: <b>TQ440458</b> PostCode: TN8 5HZ	7.5 miles (12.1km) MODERATE
Friday 23-Aug 10am	<b>Phil H</b> 01883 730364 07711 640060	<b>Hurst Green, Surrey</b> Park and meet in CP behind house that used to be Staffhurstwood Chapel. Another Aubrey Rowe classic walk. OS Map 147 GridRef: <b>TQ410487</b> PostCode: RH8 0GH	6.5 miles (10.5km) LEISURELY

Date/Time	Leader/Contact	Details	Distance
Saturday 24-Aug 10am	<b>Richard M</b> 01883 626694 07753 516391	<b>Warlingham, Surrey</b> A short if demanding walk with three steep climbs (gross ascent 160m) to see where an assassination was planned, where a traitor escaped and where a Welsh geologist decided how thousands of people would live. Park in Landscape Road to NW of Narrow Lane and meet on the other side, near Westhall Park. (W3W hiding.boom.patio). OS Map 146 GridRef: <b>TQ348576</b> PostCode: CR6 9JB	4 miles (6.4km) LEISURELY
Tuesday 27-Aug 10am	<b>Tony P and Helen W</b> 01883 716980 07899 910320	<b>Limpsfield Chart, Surrey</b> Fast Fitness Workout Walk. Park near Carpenters Arms. Walk circuit of the High Chart. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Map 147 GridRef: <b>TQ425518</b> PostCode: RH8 0TG	3.5 miles (5.6km) STRENUOUS
Wednesday 28-Aug 10am	<b>Dan and Denise B</b> 01883 346714 07910 750713	<b>Mugswell, Surrey</b> Meet at the Well House Inn public house. An undulating walk with some stiles.The walk takes in high ground either side of a chalk valley with great open views. Pass through Lower Kingswood, Gatwick Wood, Eyhurst and the golf course. Pub lunch at the Well House is optional but recommended. OS Map 147 GridRef: <b>TQ259552</b> PostCode: CR5 3SQ	5 miles (8km) LEISURELY
Thursday 29-Aug 10am	<b>Tricia C</b> 01883 713927 07941 921601	<b>Godstone, Surrey</b> MORNING AMBLE: Meet at CP by Pond. Walk past Bay Pond, Church, Leigh Mill and back through Godstone Farm. OS Map 146 GridRef: <b>TQ350515</b> PostCode: RH9 8DU	3 miles (4.8km) EASY
Friday 30-Aug 10am	<b>Tony P</b> 01883 716980 07899 910320	<b>Ide Hill</b> Meet at Hanging Bank CP, Goathurst Common (east of B2042, on right at 4 way junction). Pub walk; a.m. 5 miles across lovely countryside to Sevenoaks Weald, pub lunch at The Windmill; p.m. 3 miles return. A few hills. Book lunch with Tony P at <a href="mailto:tony2pearson@btinternet.com">tony2pearson@btinternet.com</a> by 26 August. OS Map 147 GridRef: <b>TQ496518</b> PostCode: TN14 6JA Pub lunch	8 miles (12.9km) MODERATE 

Date/Time	Leader/Contact	Details	Distance
Saturday 31-Aug 10am	<b>John H</b> 01883 713728 07429 634725	<b>Shipbourne, Kent</b> Meet Dene Park NT CP off Puttenden Road. Walk via Shipbourne and Dunks Green to West Peckham. Return via Hadlow. OS Maps 147 and 148 GridRef: <b>TQ605510</b> PostCode: TN11 9RJ Bring a picnic	10 miles (16.1km) MODERATE 
Sunday 01-Sep 10am	<b>Mike H and Helen W</b> 01883 715475 or 01883 712303 07717 399744 or 07884 156102	<b>Dorking, Surrey</b> Meet at Rykas Car Park Burford Bridge. Walk around Norbury Grove and Druids. Fine views of the River Mole. Steady climb before drink break then mostly downhill. Optional Sunday roast at the William IV Pub Mickleham (8 spaces only; contact Helen at <a href="mailto:akaglam@hotmail.co.uk">akaglam@hotmail.co.uk</a> before the 27th August). OS Map 145 GridRef: <b>TQ171523</b> PostCode: RH5 6BY	5.5 miles (8.9km) LEISURELY
Tuesday 03-Sep 10am	<b>Bridget P-J</b> 01883 742743	<b>Godstone, Surrey</b> Fast Fitness Workout Walk. Park in Waterhouse Lane and meet at bridle path in Ivy Mill Lane. Walk returning via Godstone Farm with lovely views and three steep inclines. Will take around one hour, fast walking (approximately 3.5 mph). OS Map 146 GridRef: <b>TQ341512</b> PostCode: RH9 8NR	3.5 miles (5.6km) STRENUOUS
Thursday 05-Sep 10am	<b>Lisa D</b> 01883 622827 07743 477404	<b>Riddlesdown, Surrey</b> MORNING AMBLE: Meet at Riddlesdown CP, Riddlesdown Road, Purley; turn left off A2022 (Mitchley Avenue) if coming from Sanderstead. Walk towards Warlingham with great views from this SSSI/chalk grassland area. Good for wild flowers in summer. No stiles. Dogs on short leads only. OS Map 161 GridRef: <b>TQ325605</b> PostCode: CR8 1EE	3 miles (4.8km) EASY
Thursday 05-Sep 10am	<b>Mike H and Helen W</b> 01883 715475 or 01883 712303 07717 399744 or 07884 156102	<b>Lamberhurst, Kent</b> Meet at Scotney Castle NT CP (charge £3 for non members). Undulating walk in pretty countryside via Bewl Water and Lamberhurst. Cafe lunch or picnic at Bewl Water. OS Map 136 GridRef: <b>TQ686354</b> PostCode: TN3 8JN Bring a picnic	9.5 miles (15.3km) MODERATE 

Date/Time	Leader/Contact	Details	Distance
Friday 06-Sep 10am	<b>Moir S</b> 01883 349129 07804 440159	<b>Coulsdon, Surrey</b> Park in the public CP at the end of Fox Lane. Brisker paced country walk through Happy Valley and onto Farthing Downs, with lovely views and a couple of climbs. Optional pub afterwards. OS Map 146 GridRef: <b>TQ317567</b> PostCode: CR3 5QU	5.5 miles (8.9km) MODERATE
Saturday 07-Sep 10am	<b>Jeff M</b> 01883 743269 07941 102179	<b>Bletchingley, Surrey</b> Park in the lay-by near Bletchingley Arms or the sports field road opposite. Walk around Bletchingley, taking in the castle and touching South Park. A few sheep, so there may be a bit of sheep poop! There is a steep hill in both directions! OS Map 146 GridRef: <b>TQ331507</b> PostCode: RH1 4PJ	6 miles (9.7km) LEISURELY
Sunday 08-Sep 10am	<b>Len N</b> 01737 555452	<b>Eridge, Kent</b> Park Eridge station £2.25 or the road at the front of the Station. Walk to Withyham, Groombridge and Buckhurst Park. OS Map 135 GridRef: <b>TQ541345</b> PostCode: TN3 9LB	12.4 miles (20km) MODERATE
Tuesday 10-Sep 10am	<b>Helen W and Graham W</b> 01883 712303 07784 156102	<b>Oxted, Surrey</b> Fast Fitness Workout Walk. Park in Park Road (Oxted School end), Titsey yellow trail, one steep hill. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Maps 146 and 147 GridRef: <b>TQ397533</b> PostCode: RH8 0AQ	3.5 miles (5.6km) STRENUOUS
Wednesday 11-Sep 10am	<b>John and Wendy W</b> 020 8668 8373 07957 833588	<b>Godstone, Surrey</b> Meet at the White Hart Pub car park. If you are not eating at the pub please park around Godstone Green. Walk around Godstone! One steady climb to the North Downs Way - lovely views. Optional lunch at the White Hart. OS Map 146 GridRef: <b>TQ347515</b> PostCode: RH9 8NL	5 miles (8km) LEISURELY
Thursday 12-Sep 10am	<b>Robert C</b> 01737 778337 07967 002126	<b>Charlwood, Surrey</b> Park on Rectory Lane near junction with Glovers Road. Mainly level walk through farmland and woods via Cudworth Manor with a few steep climbs. Approx. 25 stiles! OS Map 146 GridRef: <b>TQ238410</b> PostCode: RH6 0EJ	5.5 miles (8.9km) LEISURELY



Date/Time	Leader/Contact	Details	Distance
Friday 13-Sep 10am	<b>Mike H and Allan J</b> 01883 715475 or 01883 346188 07717 399744 or 07443 031538	<b>Dormansland, Kent</b> Meet at the Plough Pub car park off Ford Manor Road. Undulating walk; lovely views of North Downs. Optional pub lunch at the Plough. OS Map 147 GridRef: <b>TQ406428</b> PostCode: RH7 6PR	5.5 miles (8.9km) LEISURELY
Friday 13-Sep 6pm	<b>Graham Gr</b> 01342 833453 07787 567227	<b>Lingfield, Surrey</b> EVENING AMBLE: Park in Gun Pit Road CP. Easy stroll through farmland around Lingfield. Optional drinks at The Star. OS Map 146 GridRef: <b>TQ385435</b> PostCode: RH7 6AU	3 miles (4.8km) EASY
Saturday 14-Sep 10am	<b>Arthur D</b> 01883 713207 07786 311095	<b>Teston, Kent</b> Meet at Teston Bridge Country Park (just off A26) (£2). Delightful walk alongside the River Medway, then up the Loose Valley past a succession of old water mills to lunch stop in the picturesque village of Loose. Return through apple orchards via Farleigh Green. OS Map 148 GridRef: <b>TQ708533</b> PostCode: ME18 5BX Bring a picnic	10 miles (16.1km) MODERATE 
Sunday 15-Sep 1:30pm	<b>Sue H</b> 01883 743807 07877 663006	<b>Tatsfield, Surrey</b> Tatsfield Tea Walk. Meet and park in Chestnut Avenue. Pleasant walk with 2 ascents and great views. Tea and cake at the end of the walk at Tatsfield Church (optional but very highly recommended). OS Map 147 GridRef: <b>TQ419560</b> PostCode: TN16 2DG	4.5 miles (7.2km) LEISURELY
Tuesday 17-Sep 10am	<b>Di N</b> 01883 717800 07802 741345	<b>Bletchingley, Surrey</b> MORNING AMBLE: Park in lay-by off A25 just east of Bletchingley Arms. Easy stroll around the Bletchingley area; optional refreshments afterwards. OS Map 146 GridRef: <b>TQ330507</b> PostCode: RH1 4PJ	3 miles (4.8km) EASY
Tuesday 17-Sep 10am	<b>Sue C</b> 01883 622703 07914 796555	<b>Riddlesdown, Surrey</b> Fast Fitness Workout Walk. Park in Riddlesdown Common CP, Riddlesdown Road. Walk around Riddlesdown. Will take around 1 hour, fast walking. Approx 3.5 mph. OS Maps 146, 161 GridRef: <b>TQ325605</b> PostCode: CR8 1EE	3.5 miles (5.6km) STRENUOUS

Date/Time	Leader/Contact	Details	Distance
Wednesday 18-Sep 10am	<b>Jim B</b> 01732 866787 07795 447758	<b>Edenbridge, Kent</b> Moderate walk at a good pace. Meet in Edenbridge Rugby Football Club car park, Coomb Field. 5 stiles, slight gradient. OS Map 147 GridRef: <b>TQ440458</b> PostCode: TN8 5HZ	6 miles (9.7km) MODERATE
Sunday 22-Sep 10am	<b>Phil H</b> 01883 730364 07711 640060	<b>Northchapel, West Sussex</b> Park in Piper's Lane on the roadside. Lovely 'Fancy Free' walk - gentle hills, easy-going underfoot and takes in 'Pugs Bottom' - irresistible! OS Map 133 GridRef: <b>TQ953295</b> PostCode: TN26 2AF Bring a picnic	12 miles (19.3km) MODERATE 
Tuesday 24-Sep 10am	<b>Keith T</b> 01883 346736 07716 350110	<b>Caterham, Surrey</b> Fast Fitness Workout Walk. Meet in Park Avenue, outside the Old Caterhamians Sports Club. Circular walk with a couple of steep hills! The walk will take around one hour fast walking. Approx 3.5mph. OS Map 146 GridRef: <b>TQ333552</b> PostCode: CR3 6DY	3.7 miles (6km) STRENUOUS
Wednesday 25-Sep 10am	<b>Liz W</b> 020 8651 5661 07710 434671	<b>Selsdon, Surrey</b> Meet at Selsdon Bird Sanctuary car park. Woodland walk through to Hutchinson's Bank Nature reserve and returning via fields, woodland and Great Park. Gentle hills, minimal stiles. OS Map 161 GridRef: <b>TQ357615</b> PostCode: CR2 8QF	5.5 miles (8.9km) LEISURELY
Thursday 26-Sep 10:30am	<b>Mike H and Helen W</b> 01883 715475 or 01883 712303 07717 399744 or 07884 156102	<b>Godstone Surrey</b> Meet at Godstone Pond. Brisk undulating walk around the sand pits, woods and hills. Aim to finish 1 hr 30 mins including drink stop. Optional lunch stop at White Hart Pub (parking available for those partaking of lunch). OS Map 146 GridRef: <b>TQ350515</b> PostCode: RH9 8DU	5 miles (8km) STRENUOUS
Saturday 28-Sep 10am	<b>Anne S</b> 01883 715781 07561 465344	<b>Staffhurst Wood, Surrey</b> Park in Grants Lane CP. Walk through woodland and farmland to see two famous yew trees at Crowhurst and Tandridge churches. Undulating but no steep hills; some stiles; farm animals in some fields. OS Maps 146 and 147 GridRef: <b>TQ416484</b> PostCode: TN8 6QR Bring a picnic	11 miles (17.7km) MODERATE 

Date/Time	Leader/Contact	Details	Distance
Saturday 28-Sep 2pm	<b>Sue H</b> 01883 743807 07877 663006	<b>Woldingham, Surrey</b> AFTERNOON AMBLE: Park and meet Woldingham Station or Church Road. Walk over and pass through complex of Woldingham School. Apart from one steady long incline, all flat with no stiles. Optional refreshments at Knights Garden Centre. OS Map 146 GridRef: <b>TQ359563</b> PostCode: CR3 7LQ	3 miles (4.8km) EASY
Sunday 29-Sep 10am	<b>Alice B</b> 07905 416280	<b>Hosey Common, Kent</b> Park at Hosey Common, walk towards French Street and on to Toys Hill and Crockham Common; returning via Westerham. OS Map 147 GridRef: <b>TQ453530</b> PostCode: TN16 1PJ	6 miles (9.7km) LEISURELY



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